



Return to cricket activities

As of 29 June 2020, Poloc Cricket Club ("the Club") will provide an opportunity for members to use practice facilities. The rules which have been applied comply with Scottish Government, **sportscotland** and Cricket Scotland guidelines.

All members using the facilities must comply with the following rules:

- Sessions must be booked in advance.
- No equipment will be provided by the club, other than the stumps.
- Each person attending the facilities must each use their own balls and have these clearly marked with their name. The Club will have some balls for sale, such as old match balls and new balls. All balls which are sold will be disinfected prior to sale.
- Training zones can be used by up to three people from different households (a maximum eight people). Two-metre social distancing must be observed throughout the practice session.
- The zones will be supervised by club-appointed volunteers, who will be designated as "Session monitors". Any observation of participants breaching the guidelines will result in suspension from future bookings, and will be treated as a breach of Club rules.
- If any member of a household is experiencing symptoms in line with COVID-9 the Government isolation guidelines will apply, and they are not to attend the nets session.
- The clubhouse will remain closed.

Before arriving at the Club:

- Ensure you have booked a session.
- Players should wash their hands with soap prior to leaving for the Club.

Arriving at the Club:

- The club will have hand sanitiser available for players at specific locations.
- Players must clean their hands with gel before going to their training zone.
- Players must turn up only five (5) minutes before their booking time.
- Each player will go to their training zone and place their kit at the allocated place.

During the training sessions:

- Bowlers in a net bay are not permitted beyond the halfway line, into the batsman zone
- Batters in a net bay are required to kick or hit the ball back to the bowler. Batters must not pick the ball up.
- When changing between batting and bowling in a net bay, players must change into their kit at the allocated spots.
- If a ball should come to your zone area from another one, this should be kicked or hit back. At no point should a player pick up someone else's ball.
- Normal net etiquette should be used in the net bay, and bowling and batting should be sensible and appropriate to the ability level of participants.

At the end of a training session:

- Players must pack their bags and kit in the allocated zone.
- Player must use the hand sanitiser on leaving the Club facility.
- Player must wash their hands with soap and water on returning home.
- Players must leave promptly following their session time.

Please ensure social distancing at all times.