



Poloc Cricket Club Junior player Code of Conduct

The adults at the club should help to make cricket safe and fun. This is junior players' job too. This means respecting other players and the people who are there to help junior players to learn. Junior players should do this by:

- Accepting what the coach or umpires ask you to do in the rules of the game.
- Being prepared and on time for training and games.
- Playing to the best of your ability.
- Respecting the coach and other helpers.
- Never swearing at or insulting anyone, including other players.
- Telling your parents or carers where you are, or if you are going to be late.
- Following advice from coaches to keep you safe and injury free.
- Never bullying other players either yourself or in a group.

Bullying can happen between children, peers or adults and children. It means things like:

- name calling;
- belittling;
- giving only negative feedback;
- hitting;
- shoving;
- stealing;
- damaging belongings;
- spreading rumours;
- making threats;
- sending/posting nasty messages; and/or
- intentionally leaving people out.

If a junior player is worried about something, they should not keep it to themselves. They should speak to an adult who they know and trust such as a parent, teacher, the Child Wellbeing and Protection Officer at the club, a guidance teacher, doctor or school nurse.

If there isn't anyone you can talk to, you can contact ChildLine in Scotland on 08001111 or www.childline.org.uk.